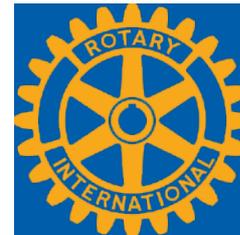




THE ROTARY CLUB OF LYME REGIS

Chartered 1950

Bulletin - November 2025



EXECUTIVE:

President: David Sarson

Secretary: John Berry

Treasurer: Bill Taylor

President Elect: John Enticott
(President Jan '26-June '26)

CONTACT:

info.lymeregisrotary@gmail.com

WEBSITE:

www.lymeregisrotary.org

FACEBOOK

Rotary Club of Lyme Regis

INSTAGRAM

rotarylymeregis

MEETINGS:

Alternate Thursdays, 5.45 pm
for 6.15pm at Hunter's Lodge,
Raymonds Hill, Lyme Regis
(meals ordered by 6.00 pm)

(as we have a variable
programme please check with
Secretary first before visiting)

For Lyme Regis Rotarians:
Pls tell Secretary if you will
be absent on any evening.

THE FOUR WAY TEST

- Is it the Truth?
- Is it Fair to All?
- Will it build goodwill and better friendships?
- Will it be beneficial to all concerned?



**SERVICE ABOVE
SELF**

Fellow Rotarians

Another busy month!

The Candles on the Cobb committee had one of those difficult tasks - selecting the beneficiaries of the COTC grants. Very difficult decisions had to be made, given that the requests that were made totalled a staggering £70,000 and we only had £16,500 available for local good causes out of the £33,000 raised by the event.

I would like to thank all those on the committee, in particular Rob James, for all their hard work over the past year. Yes, I said a year, but it has been very enjoyable, if at times exhausting.

In addition, Macmillan Cancer Support and Prostate Cancer UK have both written to thank us for the £8250 that they have received. We are currently making arrangements for representatives from Macmillan Cancer Support and Prostate Cancer UK to visit us early in the New Year.

We were blessed with two excellent speakers at our last speaker evening on the 16th October. Students Sophie Smith and Kai Kirby both gave a very interesting talk on the difficult tasks they had to achieve to obtain their Rotary Youth Leadership Awards. I think we were treated to an excellent and very confident appraisal of their achievements and both students indicated just how much they appreciated our sponsorship of the course and how they benefitted.

The Alexandra Hotel opened its doors for a fund-raising event to raise money for those who have suffered so much in Gaza, well over £2,000 was raised, a very big "Well Done" to Kathryn Haskins.

We have had a very good response from members to the *Rotary Health and Satisfaction Surveys*. I have given John E completed surveys that have been returned and with the help of Richard C and Peter we will now be analysing them and reaching a conclusion over the next few weeks.

I have collected the Wreath for the Remembrance Day Parade on Sunday 9th November. John E has kindly offered to carry the Wreath and place it at St Michaels Church, please attend if you can.

We look forward to our meal in the Royal Lion on Thursday 11th December celebrating the 75th Anniversary of our Charter. Please support and invite friends and family. Jim has worked hard on organising this event so please don't let him down.

We also look forward to Carols Around the Tree and Christmas Street collections. Richard C has offered to take charge. My chosen charity is Children's Hospice Southwest who have confirmed that they are delighted to be the beneficiary.

We are now seeking potential Sponsors for the Lunge, with several members allocated to various areas of Lyme Regis.

That's all for now folks, I will be away until Monday 24th November.

David Sarson



Appropriate?
Photo (and comment) by Jim

WELCOME TO OUR VISITORS

Welcome to
Rotary 



What a packed evening on 16th October for the presentation by the two RYLA students whom we sponsored, with 29 attendees at our meeting. We welcomed **Kai Kirby** and **Sophie Smith**, along with Kai's mother **Abigail James** and Sophie's parents **Jo and Rob Smith**. But we also had another 'event' that evening as **Alistair Bowes** was inducted into the family of Rotary, witnessed by a healthy turnout of Rotarians and a good number of **Partners** who came along for the evening. Welcome also to **David Wakeling** who kindly brought his projector and **Penny Morgan** who joined us once again. Welcome to you all. It was rather crowded but cosy and I think now we know the limitations of the meeting room.

COVID / FLU JABS MARSHALLING



On Saturday 4th and Saturday 11th October a number of Rotarians assisted with the marshalling of patients at the Lyme Regis Medical Centre for their Covid and or Annual Flu injections.

It resulted in nearly 2000 of our more elderly residents being treated over the two days.

I did receive a personal Thank You from both Dr Forbes Watson and Sarah Hill, the Practice Manager, for the efficient way Rotary dealt with our side of the operation.

So well done to all involved.

Arthur Banwell

MEDICAL AID FOR PALESTINIANS COFFEE MORNING

'Ed' received the following email from Hon Rotarian Kathryn Haskins of the Alexandra Hotel following her fundraising for MAP. Well done, Kathryn, a great result. Photo right shows a few Rotarian attendees.

Recent events have shown just how timely the fundraising has been.

Dear John, Jim and the whole Club,

I just wanted to thank you yet again for your very kind donation for our fundraiser in aid of MAP (Medical Aid for Palestinians).

With your great help we raised over £2,100 which was extraordinary and we couldn't have done it without you!

Please let the club know the result!

Many thanks again,

Kathryn



Lyme Regis Skittles League

President's Men 357; Road Runners 379

Clueless 372; President's Men 344 (BUT - WE WON THE BEER LEG - priorities right, of course!!!!)

Rotary Challenge Trophy (2024-25 session)

Opponents of semi final will be Taunton Vale. 26th Nov at The Squirrel Inn.



THE ROTARY CLUB OF LYME REGIS
A SPECIAL GENERAL MEETING WILL BE HELD

ON THURSDAY 6th NOVEMBER 2025

At Hunters Lodge Inn @ 6.15.pm

WHEN THE FOLLOWING ITEMS OF BUSINESS WILL BE DEALT WITH.

AGENDA

1. Elect a President for the year 2026/27.
2. Elect a President Elect for the year 2026/27 and then as President in the year 2027/28.
3. Elect two voting delegates for the District Council & two substitute delegates.
 1. President & Secretary.
 2. President Elect & Treasurer.
4. Elect a Club Secretary for 2026/27.
5. Elect a Club Treasurer for 2026/27.
6. Adopt the examined Club accounts for the 2024/25 Rotary year. (to be circulated).
7. AOB. To be notified in advance of the meeting. (No AOB on the night)

**Please note that voting on all items should be by a show of hands or by ballot if required.
Please also note that if you intend to Propose or Second a member for any Office
then you should ensure you have secured their willingness to stand beforehand.**

John Berry
Club Secretary.

RYLA STUDENTS EXCELL IN PRESENTATIONS

The two students whom we sponsored on **ROTARY YOUTH LEADERSHIP AWARD (RYLA)** courses in August visited us on Oct 16th to tell us about their experience. Kai Kirby and Sophie Smith both gave excellent talks with Kai showing us the day to day activities throughout what was obviously a hectic week and Sophie focussing on the benefits of the Brecon Beacons course. Learning about leadership and also teamwork, the course was undoubtedly of great value and both students demonstrated how the course has broadened their horizons and increased their confidence levels.

The Rotary Club of Lyme Regis sponsored both students with the help of a grant from District 1200. The professional presentations by both Kai and Sophie, watched by proud parents, demonstrated how RYLA was a great investment and one which we shall seriously consider continuing into the future. Well Done, Kai and Sophie.

John McCallum

PRESIDENT DAVID CHOOSES CHRISTMAS FUNDRAISING BENEFICIARY

President David Sarson has chosen **CHILDREN'S HOSPICE SOUTHWEST** to be the beneficiary of our traditional Christmas Collection and Carols Round the Christmas Tree. CHSW provides hospice care for babies, children and young people with life-limiting conditions and their whole families across the South West. The care offered is wide ranging including hospice stays, emergency care, palliative care and end of life care.

We have supported CHSW on a number of occasions over the past few years, notably the Christmas Collection in 2014 and The Lyme Lunge 2016 and of course it is the charity of choice for the annual Exmoor Challenge which many of our members support and enjoy. More in December!



LENDWITHCARE CONTINUES TO THRIVE

Our Club has continued to be active in helping hard working entrepreneurs across the globe to achieve their business objectives to improve the quality of their lives and the lives of their dependents and employees in their community.

Jose Wilfredo lives in Ecuador and applied for his loan to purchase agricultural supplies. He is looking to hire up to twenty workers to fertilise his farmland as well as purchasing a dairy cow for milk production. He is also looking to improve his production of potatoes and peas for onward sale to local markets.



Hien is from Vietnam and is the mother of 3 school age children and she runs a business supplying eco friendly porcelain and glass products to help locals to adopt green consumer habits to improve her environment.

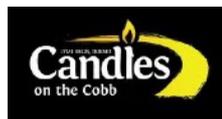
Byron Geovanny is a farmer, based at Imbabura in Ecuador, who has applied for his loan to purchase fertilizers, supplies and to help pay his farm workers, with the aim to boost yields and improve the quality of his farm products to raise his income and provide more jobs in his local community.



Jose Vincent is also based in Ecuador from the same district as Byron. He works with his wife, both of them being dedicated to agriculture with their two hectare smallholding which they have farmed over the last 40 years. They grow fruit trees and employ people on the farm to fertilise their crops and are looking to use the loan to increase their annual harvest which includes tomatoes, passion fruit and beans. They also raise cattle and the loan will help them to increase their livestock numbers, rent more land and purchase more feed, vitamins and vaccines to improve their quality.

All these incredibly hard working entrepreneurs are now fully funded and our Club has supported their aims to make a great difference to the quality of their lives. Stay tuned to future Bulletin items in the coming months as we strive to making a difference to the lives of people that are changing the paths of their lives.

Steve White



COTC BENEFICIARIES ANNOUNCED



Whew! We had £16500 to distribute to local good causes, that's half of funds raised at the very successful Rotary Candles on the Cobb event in late August. Little did we anticipate the demand - 49 local organisations and charities applied for assistance, with bids totalling over £70,000 and with many well constructed and argued cases for funding very interesting and worthy causes. However, inevitably, with such a demand some were going to be disappointed but we did our best to help as many as possible.

Here is a list of those 33 organisations which we are able to support with the COTC profits. It is really gratifying to know that the money raised is going to such good causes.



1st Lym Valley Scout Group; Axminster and Lyme Cancer Support; Axminster Musical Theatre; Charmouth Events; Charmouth Football Club; Charmouth Scouts; Charmouth Youth Club; Cobb Gate Junior Parkrun; Devon Freewheelers Blood Bike Service; Lyme Heartbeat; Lyme Morris; Lyme Regis Bowling Club; Lyme Regis Brownies; Lyme Regis Development Trust - Community Cafe; Lyme Regis Development Trust - Welcome Café; Lyme Regis District Parkinson's Support Group; Lyme Regis Foodbank; Lyme Regis Majorettes; Lyme Regis Pantomime Society; Lyme Regis Sailing Club; Lyme Regis Sea School; Lyme Regis Town Band; Lyme Regis Youth Football; NCI Lyme Bay; Powder Monkeys ESSU; Riding for the Disabled, Chard & District Branch; St Michael's Primary School PTFA; The Woodroffe School Music Department; Trident Swimming Club; Uplyme & Lyme Regis Cricket Club; Uplyme Pre School; Uplyme Playground; Whitchurch Canonicorum Play Park.

Thanks, once again, to everyone who helped with the running of this great event and to our generous sponsors.

The Rotary Club of Lyme Regis is indebted to the many organisations and individuals who put in a considerable number of voluntary hours, helping make it happen and run smoothly. Particular praise must go to Rob James who created the website, encouraged many of our sponsors to get involved and whose hard work and enterprise could be seen in almost every aspect of the project, and to our own COTC Committee members who worked for almost a whole year to ensure everything went smoothly.

John McCallum

ANOTHER NEW ROTARIAN

On the 16th October we were delighted to welcome Alistair Bowes into the Family of Rotary as he was inducted by President David Sarson and PE John Enticott.

Having moved from London in December 2022, to a house in Lyme Regis, previously occupied by a now deceased Rotarian, Chris Birt and married Mike in the Guildhall, Lyme Regis in April of this year.

Alistair is looking to evolve his 25 year career as a Property and Project Manager, specialising in large residential houses and private country estates with listed buildings, conservation requirements and new build elements. Alistair continues to enjoy acting as the bridge between clients, architects, designers, consultants, contractors, household staff, and specialist suppliers. He has honed the requisite skill set to develop and maintain property with complex requirements and planning challenges. Alistair appreciates the new opportunities to live in Dorset and the potential to work much closer to home, being opened up to him, by becoming a member of our Rotary Club. He is looking forward to giving back to the wonderful community he has recently joined. For those who can - his 'Linked-In' profile page is: <https://www.linkedin.com/in/alistair-bowes-a976437/>



Alistair Bowes (left) and PE John Enticott listen as President David inducts Alistair into Rotary

Alistair's interests are in Art history, sculpting, dog ownership, paddle boarding with friends, taking horse riding lessons at Stanford Stables, and gardening. He also volunteers at Hogchester Farm - Conservation site with wildflower meadows, where the volunteers assisted with the harvest and sorting of enough wildflower seeds, this summer, to sow ten hectares of new flower meadow in Dorset.

Welcome to the Rotary Club of Lyme Regis, Alistair and Mike, we look forward to working with you in the many projects we undertake, with added Fun and Fellowship.

John McCallum

OUR FAMOUS COBB NEEDS *YOUR* HELP

The Cobb in Lyme Regis is under threat again. Dorset Council engineers have forecast that without significant stabilisation work the Cobb will fail within the next 10 years. Should this be allowed to happen the impact on the seafront of Lyme Regis would be catastrophic.

Every storm would see more of the beach, the seafront buildings and the roadways being taken by the sea, both east and west of the harbour. Within 20 years the whole of the seafront as we know and love it, from Monmouth Beach to East Cliff, would disappear. This cannot be allowed to happen.

We need to show our support for Dorset Council as they work with others to look for solutions to the problem. **Please make every effort to register your concern by visiting this event on November 27th!**

Stabilising the Cobb: What are the options?



Drop in and chat about possible options that could help stabilise the iconic Cobb for the future

Thursday 27 November, 12-6pm, Jubilee Pavilion, Marine Parade, Lyme Regis

- Share your thoughts and ideas regarding the options
- Can you suggest other improvements?
- Do you have any further concerns relating to the Cobb?
- Learn about the complexities in protecting this internationally important structure
- Celebrate the history of the Cobb and tell us what it means to you!



Keep updated on the scheme by scanning the QR code

<https://www.dorsetcoasthaveyoursay.co.uk/lyme-regis-cobb-stabilisation-scheme>





Working with communities to promote, enhance and protect our coast.

 Dorset_CF
 DorsetCoastForum
 dorsetcoastforum

SPEAKER FOR NOVEMBER

A Date for your Diary Thursday November 20th, 5.46 for 6pm

Dr Sue Beckers (who used to operate the Charmouth Medical Practice together with her husband Dr Martin Beckers before Lyme Regis Medical Practice took it over on their retirement), has started an initiative - "Slow Carb groups" in the area based on her nutritional expertise. It is mainly to offer a healthier way of eating particularly suited for people overweight or pre diabetic.

Now, it will be interesting to see what people choose from the menu on that evening!!

HOW IS YOUR METABOLIC HEALTH?

Do you want to finally shift that weight you can't lose?
Do you want to move that "more around the middle"?
Do you want to feel excited and energetic rather than slow and sluggish?
Do you want to deal with your diabetes or pre-diabetes with diet not drugs?

Do you want to achieve a nourishing, positive relationship with food?

You can achieve ALL of this and more when you mend your metabolism. These problems happen when the body's machinery, fuel burning and chemical reactions are not working smoothly. In other words when your metabolism is unhealthy.

IT'S NOT YOUR FAULT!

We have been eating a diet that our bodies find difficult to use for decades.

P4P CROCUS SALE

We again this year purchased 4,000 purple crocus corms to publicise Rotary's global project of eradicating Polio in the world and have been successful in disposing of all of them locally.

We have donated 500 to each of Langmoor Gardens, Uplyme Pre-School and St. Michael's Primary School and sold the remainder to either Rotarians or the public at two venues locally – Uplyme & Lyme Regis Horticultural Society Autumn Fair and at a stall outside Lyme Regis Baptist Church on World Polio Day itself (Oct 24th). These sales, (which included a few donations), have raised a profit of £87. This will be paid over to Rotary Foundation's Purple 4 Polio fund and will attract match funding of 2 : 1 from the Bill & Melinda Gates Foundation.

Thank you to all of those members who assisted me on the sales days and especially to Alan and Lynne Vian for providing their support and publicity material at both venues.

Chris Buckingham



CONTENTED DEMENTIA UPDATE

An update on how things have progressed since Kate Sturgess gave us that excellent and thought provoking talk on "Contented Dementia" in March of this year. (Bulletin April 2025).

Rotarian Arthur Banwell has introduced Kate to the Memory Cafes in Colyford and Colyton. Over the summer she has done several presentations to their groups and others in East Devon.

Last week he also set up a meeting with the NHS/Dorset Social prescribers and as a result of that, Kate will be kept busy for the next few months giving talks around Dorset about her subject.

This is superb news, as we remember the impact her talk in March had on those Members and Partners who were lucky enough to hear it. The more people who are exposed to the thinking the better it will be for Dementia patients with whom they come in contact.

Arthur Banwell

RDA SAY HOIST SUCCESSFULLY INSTALLED

Karen Chadwick informs us that the volunteers in RDA Chard are now proficient in the use of the hoist that was purchased with help from the monies raised by January's Lyme Lunge and the horses and children are now confident in the apparatus.

This specially designed electric hoist enables those riders who have significant difficulty mounting horses and ponies safely to do so more easily and thus greatly enhances the capabilities of the charity which is based in Chard

Arthur Banwell



PROGRAMME for November 2025 - January 2026.

| Date | Event | Grace |
|--------|--|-------|
| Nov 6 | SGM +Carols and Lunge delegation meeting | JM |
| Nov 20 | Speaker - Dr Sue Beckers on "Slow Carb Group" | DS |
| Nov 22 | Assist with Christmas Lights Switch on. | |
| Dec 4 | Council (if reqd.) | |
| Dec 11 | Social evening celebrating 75th anniversary of the RCLR. Royal Lion Hotel, Lyme Regis | |
| Dec 23 | Christmas Street Collection Lyme Regis and CAROLS ROUND THE CHRISTMAS TREE | |
| Dec 24 | Christmas Collection Charmouth and Lyme Regis | |
| Jan 1 | THE LYME LUNGE | |
| Jan 8 | Business Meeting +S&P Preview meeting | |
| Jan 22 | Activity Evening (TBC) | |

DATES FOR YOUR DIARY

ANNUAL SOUP AND PLOUGHMAN'S

2nd February 2026

HOW TO COMBAT THAT ANNOYING PHONE CALL ABOUT YOUR COMPUTER

We've all had them, and we will all get them again. Try this next time - no, it wasn't me but I like the style.

I had a phone conversation today with a very nice young chap. This is how it went:

"You don't?"

"Hello sir, how are you today?"

"I don't".

"I'm very well, thank you for asking. And how are you? And, more to the point, WHO are you?"

"Ahh, it must be a problem on your laptop sir -"

"Sir, my name is Sanjit, and I'm calling you from Microsoft".

"Don't have one".

"Microsoft, eh? Is that a city in India?How's the weather there today?"

"Ipad?"

" No, sir - MICROSOFT, the computer company. I'm calling to tell you that we have found a problem with your computer and -"

"Nope".

"Tablet?"

"REALLY?? Well, that's quite concerning....."

"Nope, I have none of those things. As a matter of fact, I don't even have a telephone".

"Yes sir, it can become very serious indeed, but thankfully I will be able to fix it for you. Now, if you -"

After a few seconds of silence he said "Ah, sir, you are lying to me now!"

"No, I meant it's very concerning because you see I don't HAVE a computer".

I said "Well, you started it!!" and put the phone down

John McCallum