



THE ROTARY CLUB OF LYME REGIS

Chartered 1950

Bulletin - September 2026



EXECUTIVE:

President: Rob Harris

Secretary: John Berry

Treasurer: Bill Taylor

President Elect: John Enticott
(President June '27 - July '28)

CONTACT:

info.lymeregisrotary@gmail.com

WEBSITE:

www.lymeregisrotary.org

FACEBOOK

Rotary Club of Lyme Regis

INSTAGRAM

rotarylymeregis

MEETINGS:

2nd and 4th Thursdays, 6 pm
for 6.30pm at Hunter's Lodge,
Raymonds Hill, Lyme Regis
(meals ordered by 6.15 pm)

(as we have a variable
programme please check with
Secretary first before visiting)

For Lyme Regis Rotarians:
Pls tell Secretary if you will
be absent on any evening.

THE FOUR WAY TEST

- Is it the Truth?
- Is it Fair to All?
- Will it build goodwill and better friendships?
- Will it be beneficial to all concerned?



**SERVICE ABOVE
SELF**

Fellow Rotarians.

I trust that you are all well and enjoying the good weather, included some much needed rain for our gardens. You will be pleased to hear that I have finally achieved my ambition of writing one of these notes from home. Let's hope that continues going forward!!

August is a busy month in Lyme Regis and I know Rotarians have been in high demand. Whether it was marshalling fireworks, manning car parks or being requested to marshal the sadly cancelled Red Arrows display, I know our volunteers are held in high regard. As it turns out, "The Red Barrows" performed a fantastic display to cover for the Red Arrows, but did not quite attract the size of crowd of their airborne compadres. That said, people seem to enjoy the show! I'm told that some of the longer serving members of our Club (Messrs Moseley, Banwell and Cridge were mentioned but I couldn't possibly comment) will remember The Rotary Club of Lyme Regis performing as "The Red Barrows" at a Carnival Parade in the town in the 1990's.

August is the month where we sponsor two young people to undertake the Rotary Youth Leadership Award (RYLA) course in the Brecon Beacons in Wales. I have heard back that this went very well and gave the participants an opportunity to explore new activities as well as develop their social skills with the other team members who were apparently challenging at times. The participants did so well that they have been offered the opportunity to undertake work experience with the training centre in future. This is a fantastic outcome and we are looking forward to hearing from them at a guest speaker night in future.

As agreed at the last meeting, John Berry and Bill Taylor were able to present Danny Hopkins with his Honorary Membership of the Club on the 25th August. My personal thanks to John and Bill for stepping in as I was unable to make the presentation myself due to a work commitment. (see page 7)

As we look ahead to future months, we have the District Forum event on the 3rd October. It would be nice to send a small delegation if possible, so please consult your diaries and we will remind you at the next Business Meeting. Apparently a £10 per head donation to the Rotary Foundation charity will be made for each Rotarian that attends from our group.

.....and I mustn't forget the good news that the programme for the Lyme Regis Skittles League has been announced and we have a minimum of 15 games to brighten our winter evenings. It all starts for us (what's the skittles equivalent of "Kicks Off"?) on September 11th and runs through to April 30th 2027. But first we have the Quarter Final of the Rotary District 1200 Skittles trophy against Yeo Vale at the Squirrel Inn on September 9th. Busy times ahead.

That's all from me for this month.

Stay safe and look forward to seeing you all soon at our next business meeting.

Rob Harris
President

BOWLS NIGHT

SEE PAGE TWO

WELCOME TO OUR VISITORS

At our Business meeting on August 6th we were joined by our District Governor Elect **Colin Ingamells** who was doing his rounds of Rotary Clubs in D1200 getting to know the Clubs and any particular issues they might have.
Ed.



MARSHALLING FOR FLU & COVID JABS

Rotary has been asked once again to provide **MARSHALS** for the covid / flu jabs sessions at the Lyme Regis Medical Centre on Saturday October 3rd and 10th from 0830 through to 1330. The excellent efforts, at previous sessions, overseen by Sergeant Enticott and his able sidekick, Corporal White have obviously impressed, so Captain Banwell will be putting round a board at our scheduled Business Meeting on September 10th to gather the desired number of troops. He asks that you keep these dates free in your diaries.



If you are NOT going to be at the 10th September meeting please make Captain Banwell aware of your availability on either or both of these dates. Thanks in advance.

Private 2nd Class JMcC

LYME REGIS BOWLS CLUB INVITATION.

On **Tuesday 15th September** Rotary Club members and partners are invited to an evening of Lawn Bowls at the Lyme Regis Bowls Club. By now all Rotary Club members should have received an email from me via the Secretary detailing the costs and the food available for you to order.

Please note all food and rink charges must be paid in CASH. There will be a bar, but cards may be used for bar purchases. Please can you email to me your food orders by midday 10th Sept.

Jim Moseley



SORRY TO SEE YOU GO, KENT.

Rotarian Kent Davies has had a change in his job, which means he is moving out of the area. That, of course, means he has to resign from our Club. Kent, we are so grateful for your support during the time you were with us and wish you every success in your new job. Hopefully you will be able to continue your association with Rotary wherever you are.

Lyme Regis Skittles League

We have entered a team for next year's league. The fixture schedule is on page 5.

Rotary District 1200 Challenge Trophy 2025-26

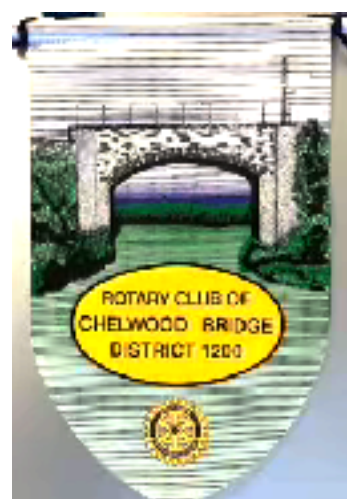
Our opponents in the next round are Yeo Vale who we meet on 9th September at The Squirrel Inn at Leymore near Forde Abbey.



WHAT TO DO WITH OUR PENNANTS

I cannot recall just how I ended up with two large black bags in my loft, containing 225 Rotary pennants, many of which were expertly stitched on to banners measuring approx. 80cm x 100cm, between 9 and 12 to a banner. The majority had been presented to the Club before I joined in 2002 and represent Rotary Clubs from around the world - USA, Canada, Australia, Suriname, South Africa, Japan, Europe and others. Some little gems were found in there including pennants from the now defunct Rotary Clubs of Aden and Rhodesia East and one from Mexico which is dated 1964.

We do not have a permanent base in which we can display these historical items and it seems a shame just to keep them in black bags, away from sight and enjoyment. There are a number of possible ways forward to make better use of this asset and we are discussing these but in the meantime I thought I might photograph a few of the pennants from the collection so you can see the variety and interest. Enjoy, and if you have ideas as to what we can do with them please let me know.



LENDWITHCARE UPDATE

The last month has seen our Club being active with the Lendwithcare Scheme and supporting four more small entrepreneurs around the world to help them achieve their business objectives, support their family and supply products and services to their community in their region. All the entrepreneurs we have helped to support are now all fully funded.

Maritza is 28 years old and single, living with her parents in Carchi province of North Ecuador and she started her business 2 years ago selling cleaning products, toiletries, toothpaste, mouthwash and shampoo. She set up a stall and shop in her aunt's house to sell these products and has requested the loan to purchase more merchandise to boost her sales and meet increasing customer demand.



CAF Fraternite Group is based in Lome province of Togo and consists of 3 members, who in turn are responsible for 11 people of which 9 are school age children. The Group generates income through house painting, sale of traditional cloth and kitchen utensils. **Badohoun** pictured in the green dress has been in the business for over 5 years and runs a shop to sell her products and is 39 years old and married with children. She has requested the loan to purchase more kitchenware stock to meet increasing customer demand and to develop a bigger retail space. Her strategic aim is to also open more shops to expand the business.

Nabili Group was formed by women from a town near Guidry in the Ivory Coast. The group members sell a wide variety of products including clothes, food crops, bags, shoes and consists of up to 30 members now including 28 women and 2 men. They have requested a collective loan to support 25 experienced entrepreneurs who will run income generating activities. These will support local families and also play a role interacting with local markets supplying clothes and cassava crops. (Picture shows some of the group members)



Tinh is 39 years old and married with 3 children, all of which are school age living in Dong Son district of Thanh Hoa Province in Vietnam. Tinh has established a tropical fruit stand directly outside her home and dedicates herself to sourcing fresh and seasonal tropical produce for her neighbourhood residents. Tinh requested the loan to help diversify her stock by purchasing 20 crates of oranges, 30 crates of mangoes, 20 crates of plums and 25 crates of peaches. Her aim is to broaden her customer base and improve her overall family income.

These are all great example of entrepreneurs impacting the lives of their families and their community with the help of Lendwithcare, including the support of our Rotary Club. This will continue each month with more great stories to come in the Bulletin.

Steve White

LYME REGIS SKITTLES LEAGUE SCHEDULE 2026-27

The League starts on 9th September and runs through to beginning of May 2027. Here are the ***President's Men*** fixtures

LYME REGIS LEAGUE FIXTURES

DATE	OPPOSITION	VENUE
September 11th	Roadrunners	George
25th	Wreckers	George
October 9th	Clueless	George
30th	Rousdon Rebels	Rousdon
November 6th	Trappers	Ship
18th	Rascals	Rousdon
30	Hot Gossips	Rousdon
December 11th	British Legion	Ship
February 26th	Wobblers	Wootton
March 5th	Argus	Rousdon
31st	Anthill Mob	George
April 7th	Flyers	George
14th	Skittso's	George
23rd	Marshwood Maniacs	George
30th	Marksmen	George

NOMINATION CUP

Jan 15th vs Flyers at Wootton, if we get through then next rounds are on Jan 22nd and 29th at Wootton.

BOB SWEETLAND CUP

Feb 3rd vs Roadrunners and Flyers at Rousdon, if we get through then next rounds are on Feb 12th and May 5th at Wootton



SQUAMISH DAYS LOGGERS SPORTS FESTIVAL

Squamish is a small town to the north of Vancouver and it hosts an annual weekend of community events which build to a climax on Sunday. The day starts with a pancake breakfast where people dine on trestle tables in a car park at a shopping mall and this is then followed by a procession through the town. The procession leads to the sports ground where the loggers' sports take place (these sports include races up and down 80-foot high poles; competitive axe chopping and sawing; axe throwing; and log birling. But one of the real highlights of the games is the Rotary Beef BBQ Sandwich. These slow-smoked, alder wood-roasted rounds of beef have been prepared at the festival by the local Rotary Club for over 50 years – and they are delicious! They are the principal fund raiser for the Club and, as can be seen in the photograph, the preparation is taken very seriously.

Richard Main

THE WIGWAM INN, BRITISH COLUMBIA

The city of Vancouver is sited on the Burrard Inlet, which opens on to the Pacific Ocean. The inlet continues inland to the east of the city and then divides into two arms with the longer arm, known as Indian Arm, extending to the north. The Wigwam Inn is at the far end of Indian Arm and, even though it is only about 20 miles from downtown Vancouver, it can only be reached by boat because of the steep mountain sides that surround the inlet.

The Wigwam Inn was built in the early 1900s. One of its first developers was Constantin Alvo von Alvensleben. He was originally from Germany and because of his connections the development was financed by a number of influential Germans, possibly including the Kaiser. The Inn was established as a luxury resort and was one of the first in the area to use hydro power and have electric lights and heating. It was a place that was frequented by the 'A' Listers of the day and amongst others, the Inn's records show that John Jacob Astor and John D Rockefeller visited on 8 April 1911 (almost exactly one year to the day before Astor took an ill-fated trip on the Titanic).

Following the outbreak of the First World War, Alvo von Alvensleben went to America to avoid being incarcerated and the Canadian Government took ownership of his assets including the Inn. What has happened since then has been a glorious roller coaster of hope and despair with a number of different people endeavouring to make a success of the Inn. Its success ebbed to a particular low when it was raided by the police in July 1962, with the owners being arrested for having an illegal casino, prostitution and being in possession of blanks to produce counterfeit bank notes. Its remoteness seemed to be producing different dividends at the time.

Following this low point, other hopeful people have owned the Inn but never made it prosper. In its current incarnation, it has been owned by the Royal Vancouver Yacht Club since 1985 as one of its out stations. It is an exclusive destination with only members of the RVYC being allowed to moor at its quay.

A great uncle of mine owned the Inn for a few years following WW1 and as a result it has featured in family folklore stories. That made me curious and gave me an interest in wanting to pay a visit. This interest was supplemented by a photograph that I have of my great uncle sitting on the Inn's veranda with his dog and a parrot – and on the back of the photo is written "Polly – This parrot sings It's a Long Way to Tipperary".

That narrative only increased my desire to visit the Inn and, thanks to the charm and tenacity of my travel agent my hopes were converted to reality. Despite the 'members only' rule that is normally imposed by the RVYC, Angela and I were able to have a lovely day visiting the Inn during our recent holiday in Canada and, as the photographs show, I was able to sit in almost the same place where my Uncle Stanley sat with his dog and parrot 100 years ago.

Richard Main



Yours truly at The Wigwam Inn 2026



Great Uncle Stanley with Polly the Parrot and dog, c. 1920



Nephew Richard 2026

OUR NEW HONORARY MEMBER



We are delighted to confirm the appointment of Danny Hopkins as our latest **Honorary Member**.

Danny has been a fully active member for several years and in this time he has guided the Risk Assessments, Health & Safety and insurance protection for us for all our major events. I believe he even insured the fairy on top of the Christmas tree one year!!

Danny's wife, Jo, has also been instrumental in helping us with events such as the raffle at the Soup & Ploughman's, collecting and weeding our patch in the Langmoor Gardens.

Unfortunately Danny is no longer physically able to participate in our activities, but in view of his continuing mental interest (and hopefully the willingness of Jo to keep managing raffle ticket sales) we have all unanimously voted to award Honorary Membership to Danny.

Take a look carefully at Danny holding his certificate and you might just notice the biscuit in his hand. There's no way he was going to let go of that!

John Berry, Secretary



Photographed by Jim. He says it will remind people who were self employed of everyday occurrences.

BRIDPORT CARNIVAL MARSHALLS

Arthur B and John B and respective spouses had an enjoyable evening of marshalling at the Bridport Carnival Procession on 22 August. They tried very hard to hide from the numerous cameras around but one observant chap caught Arthur directing traffic. Well done, all of you.



PROGRAMME for September 2026 -November 2026.

Date	Event
Sept 03	Council Meeting
Sept 10	Business Meeting
Sept 15	Activity Meeting at LR Bowls Club (with Fish 'n' Chips)
Sept 24	Speaker meeting TBA
Oct 1	Council Meeting
Oct 3	DISTRICT FORUM - Langport 0930 for 10am MARSHALLING AT FLU JABS 8.30-13.30
Oct 8	Business Meeting
Oct 15	Speaker Meeting TBA

DATES FOR YOUR DIARY

Nov 7	Marshalling and Collecting at Fireworks
Nov 8	Remembrance Day parade
Nov 21	Assist with Christmas Lights Switch on
Dec 22/23	Collecting in LR and Carols Round the Christmas Tree.
Dec 24	Collecting in Charmouth

PRESCRIPTION LIMITING

We all suffer from minor ailments such as coughs and sore throats from time to time, but its how we respond that can have a significant effect on our local NHS services. Do we visit A&E or our local GP, or the Minor Injuries Unit in Bridport or DIAL 111? Or do we use an over the counter remedy obtainable at our local pharmacy? Apparently too many people don't even consider the latter, but immediately seek professional opinion in their local Medical Centre or A&E unit, sometimes demanding a prescription for something as mundane as paracetamol.

So NHS Dorset has followed NHS England advice and issued a directive that prescriptions for 35 minor ailments should no longer be issued by GP's etc in Dorset. This restriction applies even if a patient normally qualifies for free prescriptions.. NHS Dorset wants people to have the confidence to look after themselves where they can. This gives people greater control of their health without the need to visit their GP for minor conditions. Advice can be obtained via the NHS website. Local community pharmacies can provide clinical advice and treat several common conditions directly under the Pharmacy First scheme without needing a GP appointment. This will, it is hoped, significantly ease the pressure on GP and A&E services.



#HelpYourNHS

Prescriptions for 35 minor conditions are no longer available in Dorset.

This includes coughs, colds, mild hay fever and indigestion.

Please visit your pharmacy or supermarket instead.

nhs.uk/helpcard

NHS Dorset

Prescriptions for 35 minor conditions are no longer available in Dorset. Please visit your pharmacy or supermarket instead.

Indigestion and heartburn Coughs colds and nasal congestion Sunburn
Happy rash Cradle cap Minor pain, discomfort and fever Haemorrhoids
Mild dry skin Conjunctivitis Mild cystitis Minor burns and grazes
Sore throat Dandruff Mild hay fever Excessive sweating Infant colic
Teething Mild infant dermatitis Diarrhoea Mouth ulcers Oral thrush
Irry eyes / sore tired eyes Sun protection Threadworms Travel sickness
Frequent cold sores of the lip Infrequent constipation
Teething / mild toothache Infrequent migraine Mild acne
Insect bites and stings Prevention of tooth decay
Warts and verrucae Ringworm / athlete's foot Headlice